

# DECEMBER 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

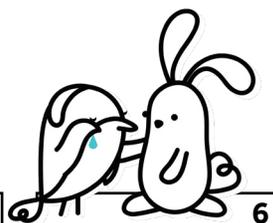
SUNDAY

**3**  
Put stray grocery carts back where they belong

**4**  
Call a loved one you haven't spoken to in a while



**5**  
Shovel a neighbor's driveway or be kind to your neighbors



**6**  
Confide in someone you know cares about you

**7**  
Donate your sick/vacation days to a coworker who is struggling

**1**  
Find a local cause to donate to for the holidays



**2**  
Spread the word about your favorite local business

**Hanukkah Begins**

**10**  
Set up Amazon Smile and choose your favorite nonprofit to donate to

**11**  
Thank your coworkers for doing a good job

**12**  
Make an effort to not complain about anything today

**13**  
Keep extra hand warmers on hand for someone in need

**14**  
Tell your partner what a good hair/body/face day they're having



**15**  
Let the person who seems rushed go in front of you

**16**  
Return your shopping cart to its rightful place

**17**  
Recognize the good in others



**18**  
Adopt an animal from your animal shelter or sponsor an animal online

**19**  
Be on time, don't leave others waiting for you



**20**  
Genuinely compliment a family member or friend

**21**  
Make someone a homemade blanket or scarf

**22**  
Be understanding of traveling parents with grumpy kids

**23**  
Forgive the person you still hold a grudge against

**24**  
Put candy canes on car doors in a parking lot



**25**  
Contact someone you know who may be alone today

**Christmas Day**

**26**  
Compliment a neighbor's home / holiday decorations



**27**  
Give someone a gift card that you don't intend to use

**28**  
Pledge to become an organ / tissue donor next time you renew your ID

**29**  
Create a random acts of kindness bucket list for next year

**30**  
Write a note to someone who impacted your year for the better



**31**  
Start a kindness memory jar to document your favorite moments in 2019!

**New Year's Eve**

**KIND ACTS COMPLETED: \_\_\_ / 31**